

Town of Lakeville

Council on Aging

LINKS BOOKLET

We have compiled a selection of various websites and virtual tours which we hope will help pass the time as we navigate through these difficult days.

*Aquariums and Zoos, Assorted Sites, Crossword Puzzles,
Health and Fitness, Museums, Music and National Parks*

Aquariums and Zoos

San Diego Zoo

<https://zoo.sandiegozoo.org/upgraded-experiences/inside-look-tours>

The Dublin Zoo

<https://www.dublinozoo.ie/animals/>

Monterey Bay Aquarium

<https://www.montereybayaquarium.org/animals/live-cams>

Mystic Aquarium

<https://www.youtube.com/user/MysticAquarium/videos>

Assorted Virtual Tours and Websites

Buckingham Palace

<https://www.royal.uk/virtual-tours-buckingham-palace>

Henry David Thoreau Tour on Walden Pond

<https://www.youtube.com/watch?v=9dZl6eyMf0o>

Boston Walking Tour – The Freedom Trail

<https://www.youtube.com/watch?v=GB-zhKg4gtU>

Google Arts & Culture

This is an *amazing* website that also includes virtual tours. Your options are almost endless!

<https://artsandculture.google.com/>

Audubon's Live Nature Webcams

<https://explore.org/livecams>

Crossword Puzzles and Word Searches

Large Print Crossword Puzzle – Must be printed out

<https://printable-crosswordpuzzles.com/large-print-crossword-puzzles-printable/>

Must be printed out

http://www.qets.com/crossword_puzzles.htm

Online Crossword Puzzles

<https://www.boatloadpuzzles.com/playcrossword>

Online Crossword Puzzles

<https://www.dictionary.com/e/crossword/>

Online Word Search

<https://www.seniorsonline.vic.gov.au/services-information/games/word-search>

Health and Fitness

Chair Yoga Seniors:

<https://dailycaring.com/chair-yoga-for-seniors-reduce-pain-and-improve-health-video/>

Chair Exercises for Seniors:

<https://dailycaring.com/video-easy-effective-10-minute-chair-exercises-for-seniors/>

Seated Exercises for Seniors

<https://www.youtube.com/watch?v=mCTYAFTAaU0>

Standing Exercises with Chair

https://www.youtube.com/watch?time_continue=42&v=qK3EDJC_HZI&feature=emb_logo
0:28

Easy Tai Chi – A Nine -Minute Daily Practice

<https://www.youtube.com/watch?v=ZxcNBejxIzs>

MUSEUMS

Visit the Guggenheim from Home

<https://www.guggenheim.org/plan-your-visit/guggenheim-from-home>

When in Paris...visit the Louvre

<https://www.louvre.fr/en/visites-en-ligne>

Tour Amsterdam's Van Gogh Museum

<https://artsandculture.google.com/partner/van-gogh-museum?hl=en>

Anne Frank House is also in Amsterdam

<https://www.annefrank.org/en/anne-frank/secret-annex/>

A Must See – Metropolitan Museum of Art

<https://artsandculture.google.com/partner/the-metropolitan-museum-of-art?hl=en>

Visit Madrid's famous Thyssen-Bornemisza Museum

<https://www.museothyssen.org/en/thyssenmultimedia>

Discover the Smithsonian National Museum of Natural History

<https://naturalhistory.si.edu/visit/virtual-tour>

Music

Boston Symphony Orchestra at Home

<https://www.bso.org/brands/bso/at-home.aspx>

Country Music Hall of Fame

<https://countrymusichalloffame.org/>

The Metropolitan Opera

Once you are on this site, click in the upper left corner where it reads, *Menu*. Scroll down to “Discover” to view videos, hear podcasts, or read articles.

<https://www.metopera.org/>

National Parks

Grand Canyon National Park

<https://www.nps.gov/grca/learn/photosmultimedia/virtualtour.htm>

The Hidden Worlds of the National Parks

<https://artsandculture.withgoogle.com/en-us/national-parks-service>

Hawaii Volcanoes National Park

<https://artsandculture.withgoogle.com/en-us/national-parks-service/hawaii-volcanoes/nahuku-lava-tube-tour>

Kenai Fjords National Park

<https://artsandculture.withgoogle.com/en-us/national-parks-service/kenai-fjords/exit-glacier-tour>