

**Lakeville Council on Aging
Meeting Minutes of November 2, 2022**

The Lakeville Council on Aging held a meeting on Wednesday November 2, 2022 at the Lakeville Senior Center. The meeting was called to order at 10:00 AM by Deveney Boyadjian.

Roll call: Taken by Donna Adams

Present: Donna Adams, Bruce Baptiste, Angela Bourassa, Deveney Boyadjian, Joanne Bowes, Lori Fahey, Paula Houle, Charlene Montleon, Nancy Richmond (alternate), Evajune White, Hilary Wood

Chair Announcements:

“Meet and Greet” - A discussion was held for ideas to host a Meet and Greet in the spring to get more people in the town involved in the Senior Center. Suggestions were made regarding changing the name to “Social Hour” and what type of format it should be. Board members were asked to come up with ideas for the next meeting.

Grief Counseling - Unfortunately grief counseling is no longer offered at the center due to layoffs at the state. Senator Rodrigues Aide, Maureen Estes Flanagan, has given Lori the suggestion to call local funeral homes regarding getting someone to come into the center for grief counseling.

Friends of Lakeville will be holding their Christmas Wreath Sale on December 3rd at Lakeside Landing Parking Lot. Rain date is December 4th. If there are any items leftover they will be sold on December 4th.

Focus on Lakeville – Local photographer Mike Ojeh Friday November 4th at 1:00

Town Meeting – November 14th at Apponequet

Discussions from previous meeting:

COA Volunteer Application- the suggestions that were made by board members at our last meeting were given to Hilary Wood and Paula Houle. They volunteered to compile these suggestions and draft a new volunteer application.

Reviewed the COA October calendar events

Sign-ups for the Thanksgiving Dinner are due by November 14th.

15 people attended the Chair Massage demonstration. Lori is going to find out what the fee will be if they come back.

Two Brain Builders sessions were held in October. One had 29 people attending and the other had 21 people.

Arts and Crafts with Amy had 5 people attend.

Hip-Hop had 5 sign-ups.

5 people attended How to Stay at Home.

Nutrition Simplified had 10 attendees.

Pumpkin Decorating had only 4 people but they had so much fun we’re hoping Deveney will host it again next year.

28 people received their flu shot at the flu clinic

The Spooktacular Halloween Party was a huge success. Lori, Cheryl and Sue went above and beyond. Thanks to all of them for their hard work.

November Events:

New Fire Station Presentation November 3rd at 1:00.

Focus on Lakeville with Mike Ojeh November 4th at 1:00. Sign-ups are required.

S.A.L.T Meeting November 7th. Lori encouraged all board members to attend these meetings. Sign-ups are required.

Bingo and Lunch November 15th at 12:00 noon. Pizza and salad provided by Baldies. Sign-ups required.

Movie – Meet the Coopers November 17th at 1:00. Sign-ups are required.

Journey of the Pilgrims November 21st at 1:00. Sign-ups are required.

Thanksgiving Luncheon November 22nd at 12:00 noon. Sit down dinner provided by Boston Tavern at Loon Pond Lodge.

Sign-ups for Christmas Dinner begin November 28th. Dinner provided by Boston Tavern is on December 20th at 12:00 noon at Loon Pond Lodge.

Food Handlers Meeting December 5th at 10:00am. Sign-ups are required.

Lori showed us name tags that are used for volunteer drivers/food deliverers. Everyone agreed those are the name tags we should use as board members. Lori also stated that she is putting stickers with a magic marker on a table at the Friday Café. People can write their name on them as a way to get introduced to everyone.

A suggestion was made for each of us to have a contact list of all the board members. Lori made a list and passed out copies to everyone.

Reminder: there are still some free Covid Testing Kids available at the COA for anyone who needs one.

A motion was made by Deveney to approve the minutes from the October 5, 2022 meeting. The motion was approved by Angela Bourassa and seconded by Charlene Montleon.

Deveney motioned to adjourn the meeting at 10:50am. The motion was accepted by Angie Bourassa and seconded by Nancy Richmond.



HAPPY THANKSGIVING EVERYONE!

Next Meeting: Wednesday December 7, 2022 at 10:00 am

Respectfully Submitted by: Secretary Donna Adams