# Lakeville Council on Aging Meeting Minutes of January 4, 2023

The Lakeville Council on Aging held a meeting on Wednesday January 4, 2023 at the Lakeville Senior Center. The meeting was called to order at 10:00 AM by Deveney Boyadjian.

Roll call: Taken by Donna Adams

Present: Donna Adams, Bruce Baptiste, Deveney Boyadjian, Joanne Bowes, Charlene

Montleon, Nancy Richmond (alternate), Evajune White **Absent:** Angie Bourassa, Lori Fahey, Hilary Wood

#### **Chair Announcements:**

Thank you was extended to Donna, Charlene and Nancy for making the name tags for board members. A suggestion was made by Nancy to make name tags for members of Friends of Lakeville.

"Grandparents Raising Children" – This did not make the January Newsletter. It will be in the February Newsletter and the first meeting will be in April.

F.O.L – Lakeville Hospital: Deveney suggested having a couple of roundtable discussions with former employees, family members and patients to obtain a history of Lakeville Hospital to be televised on LakeCam. This suggestion was met with overall approval of the board members.

## Discussions from previous meeting:

"Meet and Greet" status —Lori had suggested to Deveney that the Board Members sponsor the "Meet and Greet" program. A suggestion was made by Charlene that we start with have stick-on name tags for everyone who attend the Friday morning Café. She also suggested something should be put in the Newsletter for anyone new to the community coming to the Center is a great way to meet new people.

Grief Counseling – This is still on hold as we are waiting to hear back from the grief counselor.

Addition to Building Feasibility Study –A motion was made by Paula and seconded by Joann to take a vote to elect Deveney as a member of the Building Feasibility committee. The vote was taken and it was unanimously approved.

COA Volunteer Application- Hilary and Nancy are making the following changes to the application: make the application 2 sided listing the areas for volunteering on the back with check boxes, change the email to Lori's and add "Cori Check Required" at the bottom.

### Reviewed the COA December calendar events

Senator/Representatives Annual Holiday Party December  $6^{\text{th}}$  at Freetown VFW – 6 people attended

Girl Scout Holiday Caroling D ecember 8th 1:00 pm – 15 seniors attended

Nutrition Simplified December 9<sup>th</sup> – 9 people attended

RMV – Disability Placards and Plates December 15<sup>th</sup> 1:00 pm - this was canceled

Christmas Dinner December 20<sup>th</sup> at Loon Pond Lodge – very well at – 7 people attended

"A Boy Called Christmas" Holiday Movie December  $22^{nd}$  1:00 pm – the movie was changed to Polar Express

Bingo and Lunch December 27<sup>th</sup> 12:00 noon – 32 members

### **January Events:**

"The Holiday" Movie January  $10^{\rm th}$  10:00 am - sign-ups required Men's Social Club starting January  $12^{\rm th}$  10:00-12:00

Pop Up Art: Felted Bird January 12<sup>th</sup> 1:00 – sign-ups required Hearing Aid Clinic January 12<sup>th</sup> 10:00 – 12 noon – sign-ups required F.O.L. – Webb Telescope January 13<sup>th</sup> 1:00 – sign-ups required Alzheimer's Awareness Ice Cream Social January 19<sup>th</sup> 1:00 – sign-ups required Nutrition Simplified January 20th 1:00 – sign-ups required Bingo and Lunch January 24th 12 noon – sign-ups required "Shall We Dance" Movie January 26<sup>th</sup> 1:00 – sign-ups required Fallon Health January 31<sup>st</sup> 10:00 – sign-ups required Congregate Meals every Tuesday and Thursday

A motion was made by Deveney to approve the minutes from the December 7, 2022 meeting. The motion was approved by Charlene Montleon and seconded by Bruce Baptiste.

Deveney motioned to adjourn the meeting at 11:00 am. The motion was accepted by Joann Bowes and seconded by Nancy Richmond.

Next Meeting: Wednesday February 1, 2023 at 10:00 am

Respectfully Submitted by: Secretary Donna M. Adams