# Lakeville Council on Aging Meeting Minutes of March 1, 2023

The Lakeville Council on Aging held a meeting on Wednesday, March 1, 2023 at the Lakeville Senior Center. The meeting was called to order at 10:03 AM by Deveney Boyadjian.

**Roll call:** Taken by Donna Adams

**Present:** Donna Adams, Bruce Baptiste, Deveney Boyadjian, Joanne Bowes, Lori Fahey, Paula Houle, Charlene Montleon, Nancy Richmond (alternate), Evajune White, Hilary Wood

#### **Chair Announcements:**

A suggestion was made by Deveney to have something in place for the members of the board to receive important announcements that pertain to board members. If the family of the board member approves, Lori will let everyone know.

Joann did get prices for flowers to plant in memory of Angie Bourassa along with the memorial brick. A collection was taken up for Blanket Flowers and the brick. Members will bring suggestions to be put on the brick at our next meeting.

A suggestion to make up packets for new COA members led to a lengthy discussion regarding what the packet should include – new updated COA pamphlet, informational bullet points regarding activities, volunteer sheet, form for important medical information, etc.

Deveney made a motion to accept Nancy Richmond to full-time board member status. The motion was seconded by Charlene and approved by all board members. Congratulations Nancy.

Congratulations to our new full-time COA clerk Sarah Robbins.

### **Discussions from previous meeting:**

"Meet and Greet" status – A tentative date of June 22<sup>nd</sup> was set aside for a Meet and Greet. A suggestion was made to advertise this event on NemasketWeek, LakeCam, and the COA Newsletter. There was some discussion for a senior dog walk in the spring to get people involved in the COA.

## Reviewed the COA February calendar events:

Valentine Café – very well attended with 26 members

Manicure – filled up with 20 members

S.A.L.T. – very informative and interactive meeting about winter safety

Brain Builders – very popular with 25 members attending and more signed up for March

At Home Hearing – filled up

Nutrition Simplified – well attended with 10+ members

February Movies well attended

Line Dancing every Wednesday – a big hit

### **March Events:**

Brain Builders March 7 and 28 – sign-ups required

At Home Hearing March 9 – sign-ups required

Grief/Loss Support Group March 9

Focus on Lakeville "Lakeville Eagle Lady" March 10 – sign-ups required

St. Patty's Luncheon March 14 – Loon Pond Lodge

Manicures March 16 – sign-ups required

Nutrition Simplified March 17 – sign-ups required

A motion was made by Deveney to approve the minutes from the February 1, 2023 meeting. The motion was approved by Hilary and seconded by Charlene.

Deveney motioned to adjourn the meeting at 11:40 am. The motion was accepted by Joann Bowes and seconded by Nancy Richmond.

Next Meeting: Wednesday April 5, 2023 at 10:00 am

Respectfully Submitted by: Secretary Donna M. Adams