

**Lakeville Council on Aging
Meeting Minutes of April 5, 2023**

RECEIVED

MAY 15 2023

LAKEVILLE TOWN CLERK

The Lakeville Council on Aging held a meeting on Wednesday, April 5, 2023, at the Lakeville Senior Center. The meeting was called to order at 10:03 a.m. by Deveney Boyadjian.

Roll call: Taken by Hilary Wood

Present: Bruce Baptiste, Deveney Boyadjian, Joanne Bowes, Lori Fahey, Charlene Montleon, Nancy Richmond (alternate), Evajune White, Hilary Wood – **Absent:** Paula Houle and Donna Adams

Chair Announcements:

Deveney mentioned the vote to add Nancy as a board member was sent to the Select Board and we are awaiting approval.

We need to vote for two alternate board members. Deveney pulled the applications based on the oldest to newest. Linda Ewell's application was the oldest; however, she will not be able to join to COA board as she is the President of the Friends of the COA, and its function is to raise money for the COA. This could result in a conflict of interest per the Secretary of State's office. There would be too many hoops to jump through if she were to have taken the seat. The next applicant is Gail Dragicevich, an author, motivational speaker, past presenter at the COA, and also a Meals on Wheels driver. The second applicant is Patricia Mustacaros, who was a president of Sociable Singles and a past board member of the Plympton COA. After a discussion, a vote was taken and both applicants were voted in unanimously as alternate members of the COA Board.

Lori distributed the new COA brochures that had just arrived.

Review of the COA March calendar events:

One hundred fifty people attended the St. Patrick's Day luncheon at Loon Pond Lodge. Everyone will be refunded the \$10 cost because of so many complaints. Next year the luncheon will take place at the Boston Tavern instead although fewer people will be able to attend. There was a problem with some couples not being able to find seats together so an extra table will be set up for future events at the Lodge.

At Home Hearing, Brain Teasers (15+), Manicures by the high-school students, and the painting class (8) were fully attended. Nutrition (12) and Book Club (8-10) were all well attended. Movie attendance is very good but fewer people attend the 10 a.m. showing versus the afternoon movies so future movies will be scheduled for 1:00. Congregate Meals has been a small group but they enjoy their time. The Men's Social is very small with only a couple of men, but it will be kept on the calendar in hopes of it growing.

April and Future Events:

4/6 Movie will be Wild Oats and the 4/13 Movie will be At Home. Both are already booked up.

4/11 Book Club book this month is *Sweetness of Forgiving*. May's book will be *The Lincoln Lawyer*.

4/13 is Coping with Grief & Loss with a licensed therapist from Morton Hospital. A small group attended. The next session is scheduled for May 11. These meetings are open to all and can come and go as needed.

4/14 Grandparents Raising Grandparents is a support and networking group for any who are raising and/or helping out with grandchildren. This can be time-consuming and a challenging adjustment for grandparents.

4/18 Bingo will be offering chicken salad, cookies, etc.

4/19 Paint with Amy will be Loons

**Lakeville Council on Aging
Meeting Minutes of April 5, 2023**

4/27 Barn Babies has no limit for attending. Attendees will be able to hold baby animals which will be wrapped up to avoid scratching or any accidents.

Tai Chi is back and will now be \$5.

4/25 Chair Massage is filling up and will be offered every other month. The cost is \$5 for a \$ 15-minute chair massage to ensure people are committed to showing. The money will go into the COA Gifts & Grants fund.

Tours of the Senior Center are given to new people to the COA when they come in to fill out the membership form. Lori mentioned in the April newsletter that tours are given at the Senior Center.

6/22 Father's Day Game Day – free to Lakeville senior men and \$5 for all others. There will be hamburgers, hotdogs, root beer floats, and creamsicle drinks. Lori is working on trying to get the Red Sox World Series trophy for the event. There will be a speaker and the game against the Twins will be televised at 1:00.

New Business:

Hilary noted we have collected \$100 for Angie's brick and \$45 for plants. Everyone was asked to think about the wording for Angie's brick and to bring ideas for discussion at next month's meeting.

Evajune had a few ideas brought forward by seniors. It was asked that card games be taught/explained at the scheduled games. Instructors do explain how to play or people can sit with an experienced player to learn. Lori will add this to the next newsletter. Someone mentioned that people used to stay around after the Congregate Meals in order to participate in planned activities that were scheduled after the meals. The number of participants in the congregare meals fell off a bit when the activity was switched to another afternoon. Lori may move one congregare meal back to Monday when there are afternoon activities scheduled.

Discussion was centered around how seniors moving to Lakeville can get a tour of the town. The idea was thrown out to have people sign up and volunteers will get in touch with them. Gatra vans cannot be used for this purpose.

The addition is on hold with Rich LaCamara leaving the Select Board and waiting for the new member to join. The carport for the van is funded and its construction/set-up will be moving forward.

A motion was made by Deveney to approve the minutes from the March 1, 2023, meeting. Hilary mentioned her name was missing from those that had attended but they were amended to include her name.

Deveney motioned to adjourn the meeting at 11:50 p.m. The motion was accepted by Charlene Montleon and seconded by Nancy Richmond.

Next Meeting: Wednesday May 3, 2023 at 10:00 a.m.

Respectfully submitted by: Hilary Wood, Vice-chairman COA Board